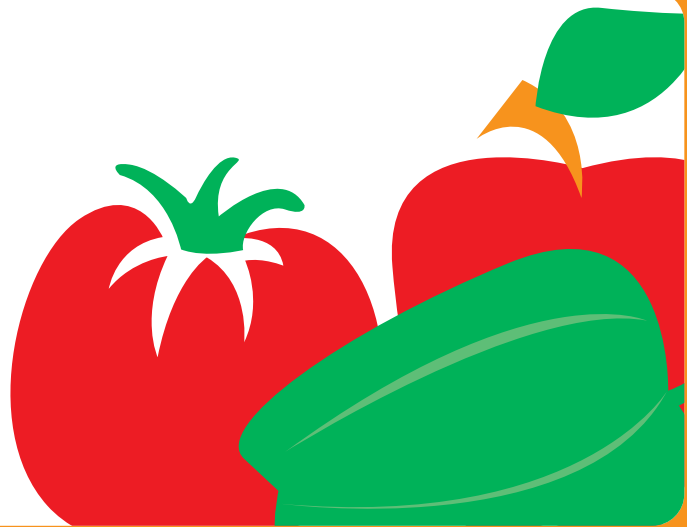




## Worksite Wellness

Moving Beyond the  
Annual Health Fair



**AUGUST 26, 2008**

**10AM – 4PM\***

Registration: 9:30 to 10:00AM

**Health Plan of San Joaquin**

7751 S. Manthey Road  
French Camp, CA 95231

**Registration: \$15**

**(Advance Registration Only)**

**Light breakfast & lunch included**

**Register Online Today**  
**healthedcouncil.org**



**HEALTH  
EDUCATION  
COUNCIL**

## HEAL QUARTERLY TRAINING

Presented by the *Network for a Healthy California— Gold Country Region Worksite Program*, this interactive workshop will provide you with the opportunity to:

- Gain tools to assess the health of your workplace environment
- Learn how to plan, implement, promote, and evaluate a successful wellness program based on promising practices
- Learn how to form a worksite wellness committee and sustain your worksite wellness efforts

\* Please note: 2 to 4PM is the "Meet & Greet" Activity to network with individuals working in nutrition and physical activity in and around San Joaquin County.



**CHAMPIONS  
for CHANGE**  
Network for a Healthy California

**For More Information Contact:**

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This material was funded by USDA's Food Stamp Program through the California Department of Public Health's Network for a Healthy California. These institutions are equal opportunity providers and employers. The Food Stamp Program provides nutrition assistance to people with low income. It can help buy nutritious foods for a better diet. For information on the Food Stamp Program, call 1-888-328-3483. (Contract #:04-35886)