



A Health Education Manual



Tobacco Cessation for Correctional Populations: A Health Education Manual

This curriculum includes two modules: Module One is designed to educate individuals on the health effects of tobacco use, and Module Two is a guide for quitting. The curriculum also contains instructions for facilitators, reproducible handouts and a resource section to obtain additional information and materials.

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Break Free Alliance is a program of the Health Education Council. Our mission is to reduce the prevalence of tobacco use among populations of low socioeconomic status.

The National Commission on Correctional Health Care (NCCHC) is a not-for-profit organization that is committed to improving the quality of health care in jails, prisons, and juvenile confinement facilities.

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