



Sacramento Area HOT MEAL LOCATIONS

Wellspring Women's Center

3414 Fourth Ave.
Sacramento, CA 95817
916-454-9688

Hours: Breakfast: Mon.-Fri. 7:30am-11:30am
Eligibility: Women and children (Children must be accompanied by guardian), resident of Sacramento.

Hart Senior Center (Triple R)

915 27th St.
Sacramento, CA 95816
916-264-5462

Hours: Lunch: Mon.-Fri. 11:30am - 1 pm
Eligibility: Senior (50+), resident of Sacramento

Stanford Settlement - Robertson Comm. Ctr.

3525 Norwood Ave.,
Sacramento, CA 95838
916-566-6419

Hours: Lunch: Monday 10am - 12:30pm
Dinner: Monday 5:30pm - 6:30pm
Eligibility: Open to area singles and families

Loaves & Fishes Dining Room

1321 North C St.
Sacramento, CA 95814
916-443-7978

Hours: Brkfst/Lunch: Mon.-Fri. 7am - 2:30 pm
Eligibility: Open to all. Must provide lunch ticket from Friendship Park.

Loaves & Fishes Friendship Park

1321 North C St.
Sacramento, CA 95814
916-443-7978

Hours: Brkfst/Lunch Mon.-Fri. 7am-2:30pm
Eligibility: Open to all
Note: Also provides recreation activities, short and long-term locker storage, telephones, library, showers, bathroom facilities, ice and dog kennels for daytime use.

Loaves & Fishes Maryhouse

1321 North C St., Ste 32
Sacramento, CA 95814
916-446-4961

Hours: Breakfast: Mon.-Fri. 8am-9am
Lunch: Mon.-Fri 11:30am-12:30pm
Lunch: Sat. & Sun. 11:30am-12:30pm
Eligibility: Open to homeless women and children.

St. Ignatius Catholic Church

3235 Arden Way
Sacramento, CA 95864
916-482-9666

Hours: Dinner 4th & 5th Wednesday 6pm-7pm
Eligibility: 95608, 95610, 95621, 95660, 95821, 95825, 95826, 95841, 95842, 95843, 95864.
Bring Address verification.
Note: When available food bags, books and clothing may be distributed.

St Philomene Catholic Church

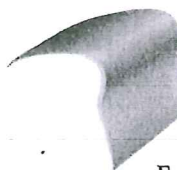
2428 Bell St.
Sacramento, CA 95825
916-481-6757

Hours: Dinner: Tuesday 6pm-7pm
Eligibility: For residents of Sacramento County

Union Gospel Mission

400 Bannon St.
Sacramento, CA 95814
916-447-3268

Hours: 24/7
Eligibility: Men only.
Note: Also provides spiritual help, food, clothing, counseling, rehabilitation, and overnight stays. First-come, first-served check in for overnight stay is 6:30 pm—6:45 am and requires attendance at Gospel services each day at 7 pm.



Updated 08/2009

For changes please call: 916-456-1980