

Job Description

Health Education Council

Health Access Community Health leader– Part time 20hrs a week

Salary Range: \$20.00-\$22.00 an hour



Health happens together.

Health Education Council (HEC) is a non-profit organization based in South Sacramento, CA. (www.healtheducouncil.org). For over 30 years, HEC has worked to eliminate health disparities, bringing culturally and linguistically tailored health-programming to communities across northern California. The mission of HEC is to cultivate health and well-being in underserved communities by leveraging the power of collaboration. HEC focuses on addressing the underlying drivers of health by concentrating its work in five main areas:

- Wellness education
- Health access
- Community safety
- Economic well-being
- Social connection

HEC works proactively and collaboratively to ensure individuals are empowered to live a healthy life. We represent diverse staff, community partners and funders to better serve communities. HEC has a commitment to equity and specializes in bringing together diverse stakeholders – residents, local government, business, law enforcement, faith, health care and social service leaders - to build consensus on creative, resident-driven solutions to positively impact the causes of health disparities. HEC seeks a Community Health Leader to work across program petals, with an emphasis on supporting several Health Access and Wellness Educations programs that work across the Greater Sacramento region.

Responsibilities:

The Community Health Leader (CHL) will work in collaboration with the Health Access Program Administrator, Coordinator and other HEC staff members to assist individuals and communities, working closely with residents to deliver education, implement programming, provide emotional support, and encourage linkages with resources and longer-term supportive services. This work involves being part of a team that will be supporting HEC's community walking programs, community schools' initiative and health education including but not limited to the following topics (emergency preparedness, chronic disease, food access, nutrition, environmental health, mental health, community health workers and immunizations, including COVID19). This position is hybrid, with opportunities to work from home or out of the HEC office in Sacramento but most of the work will occur in the community. Job responsibilities include but are not limited to:

- Collaborate with coworkers to ensure grant deliverables are completed in a timely manner
- Provide resource-sharing presentations during monthly outreach team meetings
- Attend weekly programming and create linkages with program participants to local services/ resources
- Distribute materials that address the social determinants of health & support with navigation services as appropriate
- Support with planning and delivery of health education community workshops
- Develop and collect educational resources for outreach events and workshops
- Attend and participate in community events, food distributions, educational workshops, and other events across the Greater Sacramento region: Sacramento, Yolo, Placer and Solano counties, to engage residents, build trust, and conduct outreach.
- Required travel to HEC office for in-person team meetings and training opportunities
- Disperse evidence based and relevant COVID19 and other public health information
- Serve as a community health navigator by connecting residents to appropriate community-based organizations, clinics, and public resources
- Attend meetings and networking opportunities to build cross-sectoral partnerships as determined by supervisor

- Assist people impacted by health, social and economic disparities by being an active listener and providing emotional support
- Build community partnerships by participating in community coalitions and/or networking with community members and leaders as determined by supervisor.
- Participate in collaborative meetings to advance work of HEC

Minimum Qualifications:

- A passion for community outreach.
- Strong desire to create positive change and a wellness-focused culture in communities disproportionately impacted by the social determinants of health.
- **Bilingual in English/Russian/Ukrainian preferred.**
- Demonstrated skill in developing and maintaining interpersonal relationships; active listening and an ability to work with diverse communities, especially youth, older adults, Russian or Ukrainian speaking communities
- Demonstrated public speaking communication and/or group facilitation skills.
- Basic computer knowledge (Microsoft Publisher, Power Point, Word, Excel).
- Ability to work remotely.
- Ability to travel to and from all job-related meetings, events, and activities.
- Available to work some evenings and weekends.
- Demonstrated experience completing data tracking forms and reports.

Compensation

This is a part-time, non-exempt position (20hrs/week). Salary will be commensurate with experience and education. The Health Education Council is an equal opportunity employer.

Receipt of Cover Letter and Resume E-mail resume, cover letter (please write “RE:” Health Access Community Health Leader on cover letter) and one original writing sample to:

Health Education Council, ATTN: Philip
 Bensing E-mail: apply@healthedcouncil.org