

# Plenary Presenters

## **La Crisis Humanitaria en la Frontera México-EEUU: El Impacto en la Salud Mental de los Migrantes y sus Familias** **The Humanitarian Crisis in the Mexico-U.S. Border: The Mental Health Impact on the Migrants and their Families**



**Sergio Aguilar-Gaxiola, MD, PhD**

Professor of Clinical Internal Medicine,  
School of Medicine, University of California, Davis;  
Founding Director of the Center for Reducing Health  
Disparities

**Elizabeth Vasile, PhD**

Associate Director of Community  
Engagement at the Clinical and Translational  
Science Center Program at UC Davis Health



**Emily Vasquez, JD**

Judge, Superior Court of CA and  
Health Education Council  
Board of Directors



# Workshop Presenters

**La Salud Mental de la  
Mujer Latina durante las  
transiciones de la vida  
Latina Mental Health  
during Life's Transitions**



Adriana Rodriguez, LMFT



Mireya Herrera, LCSW, CGP  
Wellspring Women's Center

**Estrés entre Adolescente  
Teen Stressors**



Kerianne Hess, MPH,  
Health Education Council



Daniel Cisneros, MS,  
NC, APCC, PPS

**Experiencias de Salud  
Mental Para Padres de  
Niños LGBTQ+ /  
Mental Health  
Experiences for Parents of  
LGBTQ+ Youth**



Ariana Lozano, LMFT

**El impacto de la Carga  
Publica y otras políticas  
antinmigrantes en la  
comunidad Latinx**

**Impact of Public Charge  
on the Latinx  
Community**



Erica Vasquez, JD,  
Mil Mujeres



Xochitl Ocegura,  
National Director of Moms Rising

**Ejercicio de Atención  
Plena en Grupo  
Group Mindfulness  
Exercise**



Estela Cortez, MSW Intern

## **Donate with Ventanilla de Salud**

**Wellspring is in need of the following items: baby wipes, sanitary pads and holiday gifts for children ages 0-18.**

The Health Education Council will be collecting donations the day of the conference to benefit Wellspring Women's Center, a non-profit agency here in Sacramento County that provides free drop-in services to undeserved women and children.

Wellspring offers a variety of programs including nutritious meals, a children's corner program, safety net services and a women's wellness program that offers a variety of group activities. If you are interesting in providing a donation, please bring the item(s) with you the day of the conference and staff will collect upon registration.

Thank you for your support!