



HEALTH
EDUCATION
COUNCIL

**CALLING ALL MIDDLE & HIGH SCHOOLERS
IN THE SACRAMENTO AREA!**

DON'T BUY THE LIE! ZOOM WORKSHOP

**PRIZES UP
TO \$500**

LEARN HOW TO CREATE A
WINNING SUBMISSION:

OCTOBER 20TH, 4PM-5PM!

**\$50 gift card will be raffled for
attending the Zoom workshop**



Register to attend at :
tinyurl.com/36efz43y



Learn more at bit.ly/hec-dbtl-contest

This contest is supported by Kaiser Permanente
with ongoing funding and subject-matter expertise.





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NOV. 2ND, 4PM-5PM!

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Register to attend at :
tinyurl.com/9rz7jffc



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Register to attend at :
tinyurl.com/3h44x9np



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