



NEED HELP PAYING FOR FOOD?

Apply for CalFresh today!

ATTENTION SSI RECIPIENTS!

You may be eligible for CalFresh Food benefits starting on **June 1, 2019**. There are no changes to SSI/SSP.

Sacramento Food Bank & Family Services (SFBFS) can help you put food on the table through CalFresh. CalFresh Food benefits can stretch food budgets and provide more healthy choices. Recipients can buy food at any grocery store or farmers market that accepts EBT. Eligibility is based upon:

- Household size
- At least one U.S. Citizen or Permanent Resident in household
- Make less than the amount below

How many people are in your household?	1	2	3	4	5	6
Is your monthly gross income less than (before taxes)	\$2,024	\$2,744	\$3,464	\$4,184	\$4,904	\$5,624

*each additional member: \$720



CalFresh application assistance

For more information and/or to schedule a CalFresh application assistance appointment, please contact: Javier Mata

916-556-3344 JMATA@HEALTHEDCOUNCIL.ORG

Health Education Council works in partnership with Sacramento Food Bank & Family Services to promote CalFresh awareness in Sacramento County.